

**SYLLABUS**

# **Occupational Therapy: Interventions for occupation and participation II 15 credits A0033H**

**Arbetsterapi: Atgärder för aktivitet och delaktighet 2**

**Course syllabus admitted: Spring 2022 Sp 3 - Present**

**DECISION DATE  
2021-10-27**

# Occupational Therapy: Interventions for occupation and participation II 15 credits A0033H

## Arbetsterapi: Atgärder för aktivitet och delaktighet 2

### First cycle, A0033H

Education level	Grade scale	Subject	Subject group (SCB)
First cycle	U G VG *	Arbetsterapi	Therapy, Rehabilitation and Dietary Treatment

### Main field of study

Occupational Therapy

## Entry requirements

In order to meet the general entry requirements for first cycle studies you must have successfully completed upper secondary education and documented skills in English language and Knowledge of the theoretical basis of occupational therapy and the areas of responsibility and activity of the profession. Knowledge and skills in collecting information about, and the ability to describe, the client and his/her occupational profile. Skills in the application of methods for interventions directed towards personal activities in daily living. Knowledge of and ability to review scientific studies critically and collect data. Occupational Therapy 45 credits  
A0016H Occupational Therapy: Occupation for health and well-being, 15 credits  
A0034H Occupational Therapy: Therapeutic strategies, 15 credits  
A0032H Occupational Therapy: Interventions for occupation and participation I, 15 credits  
M0031H Medical Science Anatomy and Physiology in position to Occupational Therapy 15 credits  
A0021H Psychology in position to Occupational Therapy 7.5 credits  
A0027H Occupational Therapy: Pedagogic and supervision in the profession 7.5 credits  
M0037H Medical Science Pathophysiology I in position to occupational therapy, 7,5 credits  
M0038H Medical Science Pathophysiology II in position to occupational therapy, 7,,5 credits

## Selection

The selection is based on 1-165 credits.

## Examiner

Alexandra Olofsson

## Course Aim

During the course the student will develop and broaden his/her knowledge and skills in analyzing barriers in the context of clients as well as creating conditions for accessibility and participation for individuals with different disabilities due to illness or injury. The student will develop knowledge of how the occupational therapist can work within different areas of society with the aim of health promotion. Upon completion of the course, the student will, in the context of current laws and regulations, and with a scientific and ethical approach, meet the following objectives related to the course content:

- use, justify and explain the choice of theoretical approaches in occupational therapy and related knowledge in the selection of interventions at the individual, group, and society levels
- choose, justify and use appropriate methods and instruments for examination/assessment of activity and participation in all areas of occupation
- observe clients' occupational performance as well as identify and describe occupational dysfunction in all areas of activity of clients and different groups
- describe and explain how environmental factors can affect activity and participation for individuals with different disabilities
- formulate aims as well as suggest, plan and evaluate relevant measures to prevent, improve and compensate for reduced activity and participation in clients and groups when it comes to all areas of occupation
- work consultatively with and educate other staff with the aim of promoting the activity and participation of clients and groups

## Contents

The course gives both a refinement and broadening of previous knowledge and skills in applying occupational therapy and related knowledge. The complexity increases as the measures are directed towards individuals, groups and the environment from an organization and community perspective. The course will give additional support for reflection, reasoning and decision making in work with clients and groups where the focus is on work, school, and leisure-time. Methods are also included in the course for investigating clients' occupational capacity and the requirements. The measures can be preventive, enhancing and compensatory and are directed towards individuals of varying ages and with different disabilities, taking into account sex/gender and ethnicity. Practical sections are included in the course where skills are trained in different methods directed towards individuals and groups as well as the environment with an emphasis on the above areas of activity. The course also touches on how the structure of the society and the design of the environment prevent or facilitate the activity and participation possibilities of individuals and groups. During the course the student will develop his/her understanding of the relationship between the theoretical basis and a professional approach by relating to ongoing research in occupational therapy in concerned fields.

- Workplace/school adaptation
- Activity difficulties of the elderly
- Psychiatric care
- Assistive technology/devices
- Assessment instruments
- Activities as therapeutic means
- Therapeutic strategies
- Consultation
- Ethics

## Realization

Each course occasion's language and form is stated and appear on the course page on Luleå University of Technology's website.

The course is in a distance learning format and is mainly web-based. Computer experience and access to an Internet connection equivalent to at least ADSL with headset and web camera are required for the studies. Parts of the course take place on a campus where most practical exercises and certain examinations are located. The course is based on the student actively seeking knowledge and solving problems through an examining and critically reflecting working approach. This means that the student should take responsibility by actively contributing to the achievement of course objectives through the planning of content and time. The course content is conducted with different client descriptions and client groups which are based on occupational therapy practice and the intervention is carried out so that occupational therapy activities will resemble real life situations. The contents of the course are delivered through lectures, literature studies, group exercise, method exercises, oral and written presentations and seminars. Study visits and field studies in occupational therapy practice settings, which the student is expected to arrange independently, are also included in the course. Course requirements are compulsory attendance and an active participation in practical exercises and seminars as well as completed study assignments in accordance with the instructions in the study guide.

## Examination

If there is a decision on special educational support, in accordance with the Guideline Student's rights and obligations at Luleå University of Technology, an adapted or alternative form of examination can be provided. To pass the course, it is required that the student achieves the course objectives through the following examination sections:

- objectives one to six are examined through active participation in practical exercises based on the course content.
- objectives one to six are examined through written assignments/active participation in seminars based on the course content.
- objectives one to six are examined through individual written online examination.

## Remarks

This is a first-cycle course. Passing this course fulfills specific entry requirements for fieldwork placement courses. Study guide is provided in the course room in Canvas.

## Literature. Valid from Spring 2022 Sp 3

- Allgulander, C. (2019). *Klinisk psykiatri*. (4. uppl.) Lund: Studentlitteratur.
- Basun, H., Skog, M., Wahlund, LO., & Wijk, H. (2013). *Boken om demenssjukdomar*. Stockholm: Liber AB.
- Björkdahl, A. (2015). *Kognitiv rehabilitering: teoretisk grund och praktisk tillämpning*. Lund: Studentlitteratur.
- Collste, G. (2019) *Inledning till etiken*. (4. uppl.) Lund: Studentlitteratur.
- Dehlin, O. & Rundgren, Å. (2014). *Geriatrisk*. (3., rev. och uppdaterade uppl.) Lund: Studentlitteratur.
- Duncan, E.A.S. (red.) (2020). *Foundations for practice in occupational therapy*. (6. ed.) Edinburgh: Elsevier Health Sciences.
- Ekberg, K., Eklund, M., & Hensing, G. (Red.). (2015). *Återgång i arbete: processer, bedömningar, åtgärder*. Lund: Studentlitteratur.
- Eklund, M., Gunnarsson, B., & Leufstadius, C. (Red.). (2020). *Aktivitet & relation. Mål och medel inom psykosocial rehabilitering*. (2. uppl.) Lund: Studentlitteratur.
- Eliasson, A-C., Lidström, H., & Peny-Dahlstrand, M. (Red.). (2016). *Arbetsterapi för barn och ungdomar*. Lund: Studentlitteratur.
- Erlandsson, M., & Persson, D. (2020). *ValMO-modellen. Ett redskap för aktivitetsbaserad arbetsterapi*. (2. uppl.) Lund: Studentlitteratur.
- Sveriges Arbetsterapeuter. (2018). *Etisk kod för arbetsterapeuter*. Nacka: Sveriges Arbetsterapeuter.
- Holm Ivarsson, B. (2016). *MI - motiverande samtal: praktisk handbok för hälso-och sjukvården: [tobak, matvanor,*

fysisk aktivitet, alkohol, samtal med personer med kognitiva svårigheter, samtal i psykiatri]. (3.1[omarb. och utökad.] uppl.) Stockholm: Gothia utbildning.

Jacobson, D. (2019). Juridik för legitimerade arbetsterapeuter. Nacka: Sveriges Arbetsterapeuter.

Klang Söderkvist, B. (Red.). (2018). Patientundervisning (4 uppl.) Lund: Studentlitteratur.

Lexell, J. & Rivano Fischer, M. (2017). Rehabiliteringsmetodik. Lund: Studentlitteratur.

Taylor, R. (2017). Kielhofner's Model of Human Occupation. Theory and Application. (5th ed) Philadelphia: Wolters Kluwer Health.

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## Course offered by

Department of Health, Education and Technology

## Modules

Code	Description	Grade scale	Cr	Status	From period	Title
0015	Individual written online examination	U G VG *	5	Mandatory	A17	
0016	Individual written report	U G VG *	2.5	Mandatory	A17	
0017	Seminars/Practical exercises	U G#	7.5	Mandatory	A17	

## Last revised

by Anna Öqvist, Director of Undergraduate Studies at the Department of Health, Education and Technology 2021-10-27

## Syllabus established

by Prefekt vid Institutionen för hälsovetenskap 2008-02-22