

**SYLLABUS**

# **Occupational therapy: Health-promoting strategies for activity and participation in society 15 credits A0049H**

**Arbetsterapi: Hälsöfrämjande insatser för aktivitet och delaktighet i  
samhället**

**Course syllabus admitted: Spring 2024 Sp 3 - Present**

**DECISION DATE**

**2023-06-05**

# Occupational therapy: Health-promoting strategies for activity and participation in society 15 credits A0049H

## Arbetsterapi: Hälsofrämjande insatser för aktivitet och delaktighet i samhället

### First cycle, A0049H

Education level	Grade scale	Subject	Subject group (SCB)
First cycle	U G VG	Arbetsterapi	Therapy, Rehabilitation and Dietary Treatment

## Entry requirements

In order to meet the general entry requirements for first cycle studies you must have successfully completed upper secondary education and documented skills in English language and the course requires the following approved courses

A0044H Occupational therapy: The profession and the subject, 15 Hp

A0045H Occupational therapy: Pedagogy for change processes, 7,5 Hp

A0043H Psychology in position to Occupational Therapy, 7,5 Hp

M0118H Medical science: Anatomy and physiology in position to occupational therapy, 15 Hp

A0046H Occupational therapy: Evaluation of needs and conditions for activity, 15 Hp

The course also requires corresponding knowledge

M0120H Medical science: Pathology in position to occupational therapy, 15 Hp

A0047H Occupational Therapy: Interventions promoting occupation in various conditions of ill-health, Part 1, 15 Hp

A0048H Occupational Therapy: Interventions promoting occupation in various conditions of ill-health, Part 2, 7,5 Hp

## Selection

The selection is based on 1-165 credits.

## Course Aim

After passing the course, the student should be able to, with a scientific and ethical approach and on the basis of laws, regulations, general advice and guidelines and policy documents:

Objective 1. Explain and discuss the possibility to occupation and participation at group and community level based on theoretical perspectives and for sustainable development and human rights.

Objective 2. Identify and analyze people's occupation and participation with consideration of accessibility and inclusion in society based on equality and intersectional perspectives

Objective 3. Act proactively and argue for the right to occupation for different groups in society and make suggestions for health promotion efforts in collaboration with other actors in society.

Objective 4. Describe and discuss how theoretical perspectives can support health-promoting efforts at group and community level and argue for how health-promoting efforts and programs can develop occupational therapy within various organisations.

Objective 5. Describe and discuss how occupational therapy are organized within healthcare and evaluate how decision-making processes can affect the conditions for the development of occupational therapy.

Objective 6. Design a health-promoting initiative that strengthens people's opportunity for occupation and participation in society and argues for its need and design.

Objective 7. Demonstrate the ability to take a critical approach to learning and to identify and analyze one's own needs in terms of knowledge, skills and judgement for a promotional, innovative approach in occupational therapy.

## Contents

The content of the course is covered in three study units.

In the first study unit, knowledge for goals 1 to 3 is processed about how different theoretical perspectives can be applied to promote and strengthen the right to occupation and participation. Furthermore, knowledge is processed about how conditions in society, nationally and internationally, influence the opportunity for occupation and participation for different groups and the right to activity. The student reflects on how the knowledge can be applied in collaboration with other actors in society.

In the second study unit, knowledge is processed for goals 4 and 5 about health-promoting theoretical perspectives and how health-promoting interventions and programs can develop occupational therapy within various organisations. Furthermore, knowledge about e-health and organizational conditions for occupational therapy is processed. The student reflects on how the knowledge can be applied for development of organisations and to develop occupational therapy to face future societal challenges.

In the third study unit, knowledge for objective 6 on methodology, models and processes that can be applied to the development of health-promoting initiatives is processed. The student reflects on how the knowledge can be applied to the development of new initiatives that meet societal needs and challenges within various organisations.

Knowledge for objective 7 is continuously developed during the course.

## Realization

Each course occasion's language and form is stated and appear on the course page on Luleå University of Technology's website.

Each unit of study begins with lectures that provide an overview of the content of the unit of study in relation to the objectives of the course, as well as to the study assignments and examinations. The content is worked on individually and in working groups through literature studies, case studies, fieldwork, seminars and oral and written presentations. Emphasis is placed on the ability to design health promotion interventions and an understanding of how these can be implemented in society. These modules develop skills for working with community organisations and will be developed through interaction and exchange of experience with other course participants. The studies are carried out with the support of a course outline and a web-based course room that guides the student in the learning methods of the course towards the course objectives and describes the study assignments and examinations.

Learning in the course requires students to actively seek knowledge and solve problems through an investigative and critically reflective approach. This means that students take personal responsibility for achieving the course objectives by planning their learning and their collaboration with other course participants. Learning towards the course objectives is also based on the student acquiring an understanding of the importance of the course content for the occupational therapist's competence and the course's level of progression in relation to the other courses in the occupational therapy program. In the study assignments, the student develops knowledge, skills and evaluative abilities towards the course objectives and to evaluate their own competence for the occupational therapy profession through interaction and exchange of experience with others.

The course is conducted using distance methodology and is mainly web-based, which requires digital literacy and access to a well-functioning internet connection as well as a headset and webcam. Part of the course is located on campus for completion of study assignments and examinations. The campus weeks are compulsory. Absences from compulsory training may mean that the student cannot make up opportunities until the next time the course is given. The course may include digital collaboration with students from international institutions.

## Examination

If there is a decision on special educational support, in accordance with the Guideline Student's rights and obligations at Luleå University of Technology, an adapted or alternative form of examination can be provided. For the course, the grading scale Well Passed (VG), Passed (G) and Failed (U) is used.

Objective 1 is examined by study assignments and seminar

Objective 2 is examined by study assignments and a seminar Objective 3 is examined by study assignments and a seminar and an oral presentation in a group

Objective 4 is examined by study assignments and written assignments in groups and seminar

Objective 5 is examined by study assignments and oral presentation in groups and seminar

Objective 6 is examined by study assignments and individual written assignment

Objective 7 is examined by study assignments with learning reflections continuously during the course

Study assignments are compulsory and included in the course modules. Grading criteria for examinations within each module are given in the web-based course room. All examination modules must be completed for the final grade of the course. The course objectives are examined continuously during the course, at the course examination period and at the re-examination period as indicated in the web-based course room.

## Unauthorized aids during exams and assessments

If a student, by using unauthorized aids, tries to mislead during an exam or when a study performance is to be assessed, disciplinary measures may be taken. The term "unauthorized aids" refers to aids that the teacher has not previously specified as permissible aids and that may assist in solving the examination task. This means that all aids not specified as permissible are prohibited. The Swedish version has interpretative precedence in the event of a conflict.

## Remarks

It is a first-level course. Successful completion of the course will provide the special entry requirements for the program's Practice-based education part III and Thesis course. The course is compulsory for students on the Occupational Therapy program.

## Transition terms

The program syllabus in which this course is included applies from the autumn semester year 2022. For students who have been admitted to the previous program syllabus, and who resume their studies under the current program syllabus after a break in their studies, the head of education and subject coordinators will decide on individual study plans and credit transfers.

If the course is discontinued or has undergone a major change, students will be offered two opportunities for examination in the first year after the change and then once more per year for the following two years.

## Course offered by

Department of Health, Education and Technology

## Modules

Code	Description	Grade scale	Cr	Status	From period	Title
0005	Conditions for occupation and participation	U G#	4.5	Mandatory	S24	
0006	Theoretical perspectives for health promotion	U G VG	4.5	Mandatory	S24	
0007	Organisations in relation to occupational therapy	U G#	2	Mandatory	S24	
0008	Desigt of a health- promoting initiative	U G VG	4	Mandatory	S24	

## Last revised

by Anna Öqvist, HUL - HLT 2023-06-05

## Syllabus established

by Anna Öqvist, Director of Undergraduate Studies at the Department of Health, Education and Technology 2023-02-14