

SYLLABUS

Occupational Therapy Health among older people 7.5 credits A7009H

Arbetsterapi äldres hälsa I

Course syllabus admitted: Autumn 2017 Sp 1 - Spring 2019 Sp 3

**DECISION DATE
2017-02-15**

Occupational Therapy Health among older people 7.5 credits A7009H

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Second cycle, A7009H

Education level	Grade scale	Subject	Subject group (SCB)
Second cycle	U G VG	Arbetsterapi	Therapy, Rehabilitation and Dietary Treatment

Entry requirements

Bachelor degree of which 90 credits in the subject occupational therapy.

Selection

The selection is based on 30-285 credits

Examiner

Margareta Lilja

Course Aim

On completion of the course, the student should, from a scientific foundation, based on current laws and regulations and with an ethical attitude, be able to:

1. Explain and discuss effects of aging on function, activity, participation and health
2. Describe common and important diseases and conditions during aging and evaluate function limitations that can arise in connection with these
3. Relate to the concept frailty
4. Relate to the concept of aging in place
5. Suggest and discuss preventive strategies to counteract disease, injuries and diseases during aging

Contents

- The consequences of aging and common diseases for older individuals' conditions with a holistic - (biopsychosocial) perspective
- The complexity of interacting health problems and physical disabilities.
- The concept frailty
- The concept of aging in place
- Preventive strategies for disease, injuries and diseases during aging
- International classification of functioning, disability and health (ICF) as a starting point for description of function and physical disability
- Common assessment instruments

Realization

Each course occasion's language and form is stated and appear on the course page on Luleå University of Technology's website.

The course has its educational basis in a knowledge-building working method. This working method is characterised by the student actively searching and solving problems through an examining and critically reflective working method. The course is coordinated by students with health science education, with a specialization in the subject. Learning in the course takes place through literature studies, partly from individual searching, solving of study assignments, seminars, lectures and report writing.

Examination

If there is a decision on special educational support, in accordance with the Guideline Student's rights and obligations at Luleå University of Technology, an adapted or alternative form of examination can be provided.

- Objectives 1-4 are examined through an individual written assignment based on study questions (Test 0001, 4.5 credits)
- Objective 5 is examined through an individual written assignment based on self-chosen subject-specific specialisation. (Test 0002, 3.0 credits).

Criteria for pass and pass with distinction are stated in study guide

Literature. Valid from Autumn 2015 Sp 1

Dehlin, O. & Hagberg, B. (2000). Gerontologi: Åldrandet i ett biologiskt, psykologiskt och socialt perspektiv. Natur & Kultur.

Dehlin, O. & Rundgren, Å (2007) Geriatrik. Lund, Studentlitteratur.

A list of articles will be provided at the beginning of the course.

In consultation with the examiner, literature for individual subject-specific specialisation is searched for and selected

Course offered by

Department of Health Sciences

Items/credits

Number	Type	Credits	Grade
0001	Individual written assignment study questions aging	4.5	U G VG
0002	Individual written assignment subject-specific specialisatio	3	U G VG

Study guidance

Study guidance for the course is to be found in our learning platform Canvas before the course starts. Students applying for single subject courses get more information in the Welcome letter. You will find the learning platform via My LTU.

Last revised

by 2017-02-15

Syllabus established

by Prefekt vid Institutionen för hälsovetenskap 2010-02-19