### **SYLLABUS**

# Public Health 7.5 credits H0016H

**Folkhälsa** 

Course syllabus admitted: Autumn 2023 Sp 1 - Present

DECISION DATE **2022-06-16** 



DocumentEducationAdmitted inDatePageSyllabusPublic Health 7.5 crAutumn 2023, Sp 12022-06-162 (3)

### **Public Health 7.5 credits H0016H**

### **Folkhälsa**

First cycle, H0016H

Education level Grade scale Subject Subject group (SCB)

First cycle U G VG Hälsovägledning Therapy, Rehabilitation and Dietary Treatment

# **Entry requirements**

In order to meet the general entry requirements for first cycle studies you must have successfully completed upper secondary education and documented skills in English language and Health Promotion.

### **Selection**

The selection is based on 1-165 credits.

### **Course Aim**

On completion of the course, the student should, with the support of science, be able to:

- 1. Explain and reflect on cultural perspectives on people's health
- 2. Describe and reflect on socially related reasons for an equal distribution of health
- 3. Show how the health promotion perspective can provide the conditions to equalise social and structural health inequalities.

### **Contents**

- · Introduction to the scientific method
- · Health in relation to social categories
- · Factors that promote health at the community level
- · Factors that contribute to inequalities in health at the community level
- · Social aspects of health promotion efforts
- International aspects of health

Utskriftsdatum: 2024-05-14 22:47:32

# Realization

Each course occasion's language and form is stated and appear on the course page on Luleå University of Technology's website.

The course is a distance learning course that is mainly web-based. The studies require computer experience and access to a broadband connection (at least 0.5 Mb/s, preferably 2.0 Mb/s) as well as a headset and web camera. Parts of the course are located on campus where mainly seminars and examinations take place. In order to complete the course, the student needs to actively seek knowledge and solve problems using an inquiring and critically reflective approach. This means that the student needs to take responsibility by actively contributing to the achievement of course objectives through the planning of content and time. The contents of the course are treated through literature studies, group work, lectures, oral and written presentations and seminars. Course requirements include completed study assignments, compulsory attendance as well as active participation in discussions at seminars. This course is part of the health guidance programme. The program has a consistent pedagogical strategy that stimulates active learning where team development, career planning and the are recurrent elements in the courses. The group work aims at developing skills that can only be attained through interaction and sharing of experience with others.



### **Examination**

If there is a decision on special educational support, in accordance with the Guideline Student's rights and obligations at Luleå University of Technology, an adapted or alternative form of examination can be provided. Aim 1, 2 and 3 are examined using written team rapport and verbal presentation in seminar (Code 0001). Aim 2 is examined using individual and group discussions in seminar (Code 0002).

# Unauthorized aids during exams and assessments

If a student, by using unauthorized aids, tries to mislead during an exam or when a study performance is to be assessed, disciplinary measures may be taken. The term "unauthorized aids" refers to aids that the teacher has not previously specified as permissible aids and that may assist in solving the examination task. This means that all aids not specified as permissible are prohibited. The Swedish version has interpretative precedence in the event of a conflict.

### **Remarks**

This is a first-cycle course. Study supervision is provided in the course room in Canvas.

# **Overlap**

The course H0016H is equal to H0015H

# **Course offered by**

Department of Health, Education and Technology

### **Modules**

| Code | Description                     | Grade scale | Cr  | Status    | From<br>period | Title |
|------|---------------------------------|-------------|-----|-----------|----------------|-------|
| 0001 | Cultural perspectives on health | U G VG      | 4.5 | Mandatory | S22            |       |
| 0002 | Requirements for Health         | U G#        | 3   | Mandatory | S22            |       |

## **Last revised**

by Anna Öqvist, Director of Undergraduate Studies at the Department of Health, Education and Technology 2022-06-16

# Syllabus established

by Anna Öqvist, Director of Undergraduate Studies at the Department of Health, Education and Technology 2021-12-28



Utskriftsdatum: 2024-05-14 22:47:32