

**SYLLABUS**

# **Nursing: Health 7.5 credits 00047H**

**Omvårdnad: Hälsa**

**Course syllabus admitted: Autumn 2016 Sp 1 - Spring 2018 Sp 4**

DECISION DATE  
**2016-02-15**

# Nursing: Health 7.5 credits O0047H

## Omvårdnad: Hälsa

### First cycle, O0047H

Education level	Grade scale	Subject	Subject group (SCB)
First cycle	U G VG	Omvårdnad	Nursing Science

## Entry requirements

In order to meet the general entry requirements for first cycle studies you must have successfully completed upper secondary education and documented skills in English language +

Swedish upper secondary school courses Mathematics 2a/2b/2c , General Science 2, Social Studies 1b/1a1 +1a2 (specifik entry A14).

Or:

Swedish upper secondary school courses Mathematics B, General Science B, Social Studies A (specifik entry 16)

## Selection

The selection is based on final school grades or Swedish Scholastic Aptitude Test.

## Examiner

Malin Olsson

## Course Aim

The student should, on completion of the course, be able to:

- describe and compare theories and models around the concept of health in order to analyse and reflect on its different importances for nursing
- analyse persons' experiences of health in relation to age, sex and cultural aspects and be able to explain how health can be strengthened
- describe quantitative research design and explain fundamental statistical concepts in relation to health in nursing
- plan a dialogue that is based on a scientific approach
- describe and explain the importance of teamwork
- describe relevant laws and regulations

## Contents

- Health as the goal of nursing
- Concepts of health
- Age, gender and cultural perspectives of health
- Ethics with a focus on respect for human differences in views on health
- Interview methodology
- Quantitative study design and fundamental statistical concepts
- Team work
- Current laws and regulations
- Healthcare improvement

## Realization

Each course occasion's language and form is stated and appear on the course page on Luleå University of Technology's website.

Teaching and learning take place through individual studies, study assignments, group discussions and seminars. Lectures are given in chosen course sections. Participation at seminars is compulsory.

## Examination

If there is a decision on special educational support, in accordance with the Guideline Student's rights and obligations at Luleå University of Technology, an adapted or alternative form of examination can be provided.

- Individual written examination
- Written assignment
- Literature seminar

Grading criteria for Pass and Pass with distinction are stated in the study guide.

## Remarks

The course is given for first-cycle studies in the nursing and radiology nursing programme. Study supervision is provided in the course room in Canvas. Passing this course constitutes specific entry requirements for placement courses. Passing this course constitutes specific entry requirements for the thesis in the Nursing programme.

## Overlap

The course O0047H is equal to M0086H

The course replaces HOV002 (Nursing A)

## Literature. Valid from Spring 2016 Sp 4

Antonovsky, A. (2005). Hälsans mysterium (2. uppl.). Stockholm: Natur och Kultur.

Edberg, A-K., & Wijk, H. (Red.). (2014). Omvårdnadens grunder: Hälsa och ohälsa (2 uppl.). Lund: Studentlitteratur.

Ejlertsson, G. (2012). Statistik för hälsovetenskaperna (2. uppl.). Lund: Studentlitteratur.

\*Friberg, F., & Öhlen, J. (Red.). (2014). Omvårdnadens grunder: Perspektiv och förhållningssätt (2 uppl.). Lund: Studentlitteratur.

\*Henricson, M. (Red.). (2012). Vetenskaplig teori och metod: Från idé till examination inom omvårdnad. (1. Uppl.). Lund: Studentlitteratur.

Medin, J., & Alexanderson, K. (2000). Hälsa och hälsofrämjande. Lund: Studentlitteratur.

\*Raadu, G. (Red.). (senaste uppl.). Författningshandbok för personal inom hälso- och sjukvård. Stockholm: Liber. (Lagar och författningar finns även att hämta på nätet).

\*Sandman, L., & Kjellström, S. (2013). Etikboken: Etik för vårdande yrken. Lund: Studentlitteratur.

Sundbeck, M. (2013). Sexuell hälsa i vården: En metodbok för sjuksköterskor. Lund: Studentlitteratur.

Wheelan, S. A. (2013). Att skapa effektiva team: En handledning för ledare och medlemmar (2. uppl.). Lund: Studentlitteratur.

A list of articles is handed out at the beginning of the course.

\* The literature has been used in earlier courses

## Course offered by

Department of Health Sciences

## Items/credits

Number	Type	Credits	Grade
0003	Individual written exam	6	U G VG
0005	Written essay	1	U G#
0006	Written essay	0.5	U G#

## Last revised

by 2016-02-15

## Syllabus established

by Prefekt vid Institutionen för hälsovetenskap 2007-11-27