

SYLLABUS

Care and nursing care in mental ill-health 15 credits 00097H

Vård och omvårdnad vid psykisk ohälsa

Course syllabus admitted: Spring 2024 Sp 3 - Autumn 2024 Sp 2

**DECISION DATE
2023-06-05**

Care and nursing care in mental ill-health 15 credits 00097H

Vård och omvårdnad vid psykisk ohälsa

First cycle, 00097H

Education level	Grade scale	Subject	Subject group (SCB)
First cycle	U G VG	Omvårdnad	Nursing Science

Entry requirements

In order to meet the general entry requirements for first cycle studies you must have successfully completed upper secondary education and documented skills in English language and .

Selection

The selection is based on 1-165 credits.

Course Aim

The overall objective of the course is for the student to acquire basic knowledge of nursing in connection with mental illness and psychiatric care, as well as about common psychiatric diseases.

Module 1: Nursing in Cases of Mental Illness

Knowledge and understanding

Upon completion of the course, the student shall be able to:

- demonstrate knowledge of social conditions that play a role in the development of mental illness and opportunities for recovery
- describe common needs among people with mental illness
- explain prerequisites and principles for promoting and maintaining trustful relationships within the context of psychiatric care

Skills and abilities

Upon completion of the course, the student shall be able to:

- identify the need for measures and approaches that promote the recovery of people with mental illness, and suggest appropriate actions
- exercise reasoning about how power relationships in healthcare affect conditions for recovery in people with mental illness

Judgement and approach

Upon completion of the course, the student shall be able to:

- Apply a critically reflective approach in relation to the content and conditions of psychiatric care
- reflect on how human rights are respected and protected in the care of people with mental illness

Module 2: Medical Science with a Specialisation in Mental Illness

Knowledge and understanding

Upon completion of the course, the student shall be able to:

- describe mental illness at the individual and group level and at different ages, from a public health and social perspective
- describe and understand how stress can lead to mental illness
- provide an account of aetiology, symptoms, diagnostics, treatment and prevention in cases of mental illness and disease
- provide an account of statutes relevant to psychiatric care, with a particular focus on legislation regarding compulsory treatment

Skills and abilities

Upon completion of the course, the student shall:

- demonstrate the ability to adequately manage medicines and to inform the patient about a medicine's effects and side effects (adverse drug reactions)

Module 3: Clinical Practice

Knowledge and understanding

Upon completion of the course, the student shall be able to:

- Provide an account of laws and statutes regarding compulsory psychiatric care, as well as their applications

Skills and abilities

Upon completion of the course, the student shall be able to:

- based on the patient's needs and resources, and taking into account the patient's condition, symptoms and treatment, reflect on relevant measures and approaches based on an understanding of nursing as a process
- based on patients' experiences, discern individual and contextual circumstances of importance to recovery in cases of mental illness
- adequately manage medicines and to inform the patient about a medicine's effects and side effects (adverse drug reactions), with a focus on psychopharmaca

Judgement and approach

Upon completion of the course, the student shall be able to:

- demonstrate understanding of the importance of norm awareness in relation to mental illness and disease
- demonstrate an ethical approach in interactions with ill people and their relatives
- demonstrate self-knowledge and the ability to empathise
- identify the need for further knowledge in order to continuously develop her/his skills
- identify, contrast and criticise her/his own values and attitudes in relation to mental illness and psychiatric care

Contents

Module 1: Nursing in Cases of Mental Illness

Equal care, with a focus on stigmatisation and discrimination
The importance of relationships
Nursing as a process
Reflective working methods
Care culture
Norm awareness
Recovery
Psychology

Module 2: Medical Science with a Specialisation in Psychiatry

Epidemiology
Psychiatric illnesses
Suicide
Neuropsychiatric disabilities
Treatment of mental illness
Somatic health risks associated with mental illness and treatment
Specific pharmacology
Drug management and drug dosage calculation
Statutes

Module 3: Clinical Practice

Nursing as a process
Norm awareness
Ethics
Drug dosage calculation and management

Realization

Each course occasion's language and form is stated and appear on the course page on Luleå University of Technology's website.

Teaching and learning is conducted in the form of independent study, laboratory work, seminars and supervised clinical practice. Lectures are given within selected course sections. Participation in laboratory work, seminars and clinical practice is compulsory.

Examination

If there is a decision on special educational support, in accordance with the Guideline Student's rights and obligations at Luleå University of Technology, an adapted or alternative form of examination can be provided. A three-level scale is used for grading: Pass with distinction (VG), Pass (G) or Fail (U). Clinical practice is graded on a two-level scale: Pass (G) or Fail (U). Achievement of the objectives of the course are evaluated through individual written examinations, seminars, laboratory work and the assessment of professional competence during clinical practice. To pass the entire course, passing grades are required on all parts of the course, and compulsory parts must be completed.

When the examiner interrupts the practice-based education period assigned to the activity, it means that the student fails prematurely and an examination opportunity on the practice-based education component is forfeited.

If a student chooses to cancel or not complete the practice-based education period, this means that the student fails prematurely and an examination opportunity on the practice-based education component is forfeited unless special reasons exist and are supported by a medical certificate.

Unauthorized aids during exams and assessments

If a student, by using unauthorized aids, tries to mislead during an exam or when a study performance is to be assessed, disciplinary measures may be taken. The term "unauthorized aids" refers to aids that the teacher has not previously specified as permissible aids and that may assist in solving the examination task. This means that all aids not specified as permissible are prohibited. The Swedish version has interpretative precedence in the event of a conflict.

Remarks

This course, which contains modules with clinical practice (clinical practice modules), is subject to 'Specific Rules for Clinical Practice', pursuant to a decision by the Head of the Department of Health Sciences, Luleå University of Technology.

A passing grade in this course is a specific admission requirement for courses entailing clinical practice and degree projects.

A specific admission requirement means that the student must have received passing grades on all courses required for enrollment.

Transition terms

This programme curriculum is valid from the autumn semester of 2018 for all students who are admitted to the programme at that time. Programme coordinators and heads of department decide on individual study plans for students who have been admitted to a previous programme curriculum and resume their studies according to the current programme curriculum following a break in their studies.

If a course has ceased to be given or has undergone major changes, the students will be offered two opportunities for examination in the first year after the change has taken place, and then once a year for a further 2 years, based on the course syllabus that applied at the time of registration.

Course offered by

Department of Health, Education and Technology

Modules

Code	Description	Grade scale	Cr	Status	From period	Title
0010	Assessment of professional competence including seminar Nursing	U G#	4.5	Mandatory	S20	
0011	Report Nursing	U G VG	4.5	Mandatory	S20	
0012	Examination Medical Science	U G VG	3	Mandatory	S20	
0013	Oral examination Nursing	U G#	1	Mandatory	S20	
0014	Oral examination Medical Science	U G#	1.5	Mandatory	S20	
0015	Laboratory work Medical Science	U G#	0.5	Mandatory	S20	

Last revised

by Anna Öqvist, Director of Undergraduate Studies at the Department of Health, Education and Technology 2023-06-05

Syllabus established

by Dean of Department of Health Sciences 2019-06-14