

SYLLABUS

Care and nursing care of elderly people, Clinical education 12 credits

00101H

Vård och omvårdnad av äldre personer, VFU

Course syllabus admitted: Autumn 2020 Sp 1 - Present

DECISION DATE
2020-02-21

Care and nursing care of elderly people, Clinical education 12 credits O0101H

Vård och omvårdnad av äldre personer, VFU

First cycle, O0101H

Education level	Grade scale	Subject	Subject group (SCB)
First cycle	U G#	Omvårdnad	Nursing Science

Entry requirements

In order to meet the general entry requirements for first cycle studies you must have successfully completed upper secondary education and documented skills in English language and Treårig eftergymnasial sjuksköterskeutbildning från land utanför EU/EES samt Schweiz, av Socialstyrelsen utfärdat beslut om utredning i form av kunskapsprov för sjuksköterskor. Godkända kunskaper i svenska enligt bestämmelser för grundläggande behörighet för grundnivå, Svenska B eller Svenska 3, med lägst betyget godkänd/E.

Samt att kursen förutsätter kunskaper motsvarande:

O0087H Prevention, diagnostik, behandling och omvårdnad. Vård och omvårdnad av människor vid medicinska och kirurgiska sjukdomstillstånd, 19.5hp. O0088H Lärande, organisation och ledarskap, 7.5hp O0100H Hälsöfrämjande och förebyggande vård och omvårdnad, 10.5hp Kursen kräver dessutom följande godkända kurser: O0086H Omvårdnad som vetenskap och sjuksköterskans profession inom svensk hälso-och sjukvård, 6hp M0091H Vårdrelaterade infektioner och vårdhygien, 1.5hp M0092H Farmakologi och läkemedelsberäkning, 3hp

Selection

The selection is based on 1-165 credits.

Examiner

Annette Johansson

Course Aim

Upon completion of the course, the student is expected to be able to:

Knowledge and understanding

- Demonstrate the professional skills required to work as a registered nurse in the Swedish healthcare system and in municipal care and welfare services
- provide an account for pathophysiology, aetiology, epidemiology, diagnostics, treatment, the nursing process and prevention in cases of geriatric disease and in cases of mental illness
- explain health and illness related to human aging and vulnerability in changing life situations
- explain the correlation between aging and medicine-related problems
- provide an account of how illness is expressed and manifested as symptoms in the older person, and how this affects the individual's daily life
- provide an account of the role that gender and socio-cultural aspects and equal terms play in good nursing
- provide an account of statutes and local guidelines related to the nursing profession in the care and nursing of the elderly

Competence and skills

- apply planning, organisation and leadership in daily work, and work well in a care team
- collaborate with older persons, their relatives, her/his own profession and representatives of other professions in the care chain
- together with the older person and that person's relatives, prioritise the older person's needs by identifying problems, risks and resources and formulating nursing goals, planning and evaluating nursing measures
- implement and use various methods for assessing pain status, as well as preventing pain and performing pain treatment
- implement and use different methods to assess nutritional status and the risk of falls and pressure ulcers, and undertake adequate nursing measures
- apply and be responsible for reducing the risk of infection and contamination according to the applicable regulations
- calculate, prepare, administer and manage medicinal products correctly and in relation to applicable laws and regulations, and inform the older person about the effects and potential side effects (adverse drug reactions) of the drug in question
- report and log nursing in the applicable recordkeeping system
- manage medical technology equipment and safely carry out medical technical activities
- critically review and evaluate the quality of nursing, with a starting point in evidence-based knowledge and proven experience
- demonstrate knowledge of leading, organising, prioritising and coordinating nursing work related to the health problems and illnesses of the elderly, and nursing that supports the dignity of the elderly late in life and in the context of end of life care

Judgement and approach

- reflect on, critically review and evaluate her/his own approach in encounters with the older patient and the patient's relatives
- reflect on and evaluate the importance of personal treatment for the participation of the elderly in their care and nursing
- reflect on dignified nursing in the final stage of life
- reflect on different ethical values, specifically autonomy, integrity and dignity, based on national values for geriatric care
- demonstrate the ability to identify her/his need for further knowledge in order to develop her/his professional competence

Contents

- pathophysiology, symptoms and signs of ill health, care, nursing and prevention in cases of geriatric disease
- home care
- the nursing process
- reporting and recordkeeping
- drug management and drug dosage calculation
- medical technology
- gender and socio-cultural aspects and equal terms play in good nursing
- leadership and cooperation in nursing
- ethical and professional approach
- end of life care
- current laws, statutes and guidelines

Realization

Each course occasion's language and form is stated and appear on the course page on Luleå University of Technology's website.

Learning occurs through activities that promote interaction between students and between teachers and students. Working methods aim to integrate the student's theoretical and clinical knowledge. This is accomplished through the active pursuit of knowledge, problem solving and critical reflection. Teaching and learning is conducted in the form of independent study, seminars, laboratory work, simulations, written assignments, and supervised clinical practice. Lectures are given within selected course sections. The submission of written assignments and participation in seminars, laboratory work, simulations, clinical practice and examination elements is compulsory.

Examination

If there is a decision on special educational support, in accordance with the Guideline Student's rights and obligations at Luleå University of Technology, an adapted or alternative form of examination can be provided. Achievement in the course is assessed through the evaluation of professional competence, written individual examination, and an individual final examination in two parts: a written test and a practical test. The grading criteria are specified in the study guide. As concerns the clinical practice, only one re-examination opportunity/relocation is permitted for the course. Further relocation/re-examination opportunities may be granted if special reasons to do so exist. "Special" reasons are the reasons set out in regulations from the Swedish National Agency for Higher Education, HSVFS 1999:1. To pass the course, the learning outcomes must be met. This means that the student must achieve approved results in the course and actively participate in its compulsory parts. Grades are determined by the examiner.

Remarks

The course is given in the first-cycle study program within supplementary training for nurses and is a practicum/internship placement. "Special prerequisite" means achieving a passing grade in all qualifying prerequisite courses. The special prerequisite requirements for when the VFU course is placed in Lp2 must be fulfilled at the latest by the re-examination period in August. This course, which contains a curricular segment with a practicum/internship (VFU element), is encompassed within the *Special Rules for practicum/internship placements* according to the decision of the Head of Department at the Department of Health Sciences, Luleå University of Technology.

Study guidance can be found in the course room in Canvas.

Overlap

The course O0101H is equal to O0114H

Literature. Valid from Autumn 2020 Sp 1

Blomqvist, A., Edberg, A-K, Ernsth Bravell, M., & Wijk, H. (senaste upplagan). Omvårdnad av äldre. Lund: Studentlitteratur.

Larsson, M., & Rundgren, Å. (senaste upplagan). Geriatriska sjukdomar. Lund: Studentlitteratur.

And literature from earlier courses

Course offered by

Department of Health Sciences

Modules

Code	Description	Grade scale	Cr	Status	From period	Title
0001	Assessment of Professional competence	U G#	7.5	Mandatory	A19	
0002	Written assignment	U G#	1.5	Mandatory	A19	
0003	Seminar	U G#	1.5	Mandatory	A19	
0004	Individual written examination	U G#	1	Mandatory	A19	
0005	Individual practical examination	U G#	0.5	Mandatory	A19	

Last revised

by Dean of Department of Health Sciences 2020-02-21

Syllabus established

by Dean of Department of Health Sciences 2020-02-21