

**SYLLABUS**

# **Psychosocial Work Environment - Prevention of Stress 7.5 credits P0005A**

**Psykosocial arbetsmiljö - stresshantering**

**Course syllabus admitted: Autumn 2018 Sp 2 - Present**

**DECISION DATE  
2018-08-16**

# Psychosocial Work Environment - Prevention of Stress 7.5 credits P0005A

## Psykosocial arbetsmiljö - stresshantering

### First cycle, P0005A

Education level	Grade scale	Subject	Subject group (SCB)
First cycle	G U 3 4 5	Psykologi	Psychology

## Entry requirements

In order to meet the general entry requirements for first cycle studies you must have successfully completed upper secondary education and documented skills in English language

## Selection

The selection is based on final school grades or Swedish Scholastic Aptitude Test.

## Examiner

Peter Bengtsson

## Course Aim

After completing the course the student should be able to discuss different theories concerning accident causation. The student should also be able to perform a theoretically well founded risk analysis.

## Contents

The central questions in the course will be: risks, risks within different sectors, psychological aspects on risk assessment, theories behind risks, different methods for risk analysis.

## Realization

Each course occasion's language and form is stated and appear on the course page on Luleå University of Technology's website.

Lectures, group discussions. During group discussions basic psychological reactions on risk and riskanalysis will be covered.

## Examination

If there is a decision on special educational support, in accordance with the Guideline Student's rights and obligations at Luleå University of Technology, an adapted or alternative form of examination can be provided. Individual written examination..

## Remarks

Students must register for the courses themselves, or contact ETS educational administration [eduets@ltu.se](mailto:eduets@ltu.se) , not later than three days after the quarter commences. Failure to do so can result in the place being lost. This rule also applies to students with a guaranteed place.

## Overlap

The course P0005A is equal to ARP107

## Literature. Valid from Autumn 2018 Sp 2

- Mats Bohgard, Stig Karlsson, Eva Loven et al. (2015). Work and technology on human terms. Free e-book.
- Richardson, K. M., & Rothstein, H. R. (2008). Effects of occupational stress management intervention programs: a meta-analysis. Journal of occupational health psychology, 13(1), 69.

Additional literature can be added.

## Course offered by

Department of Business Administration, Technology and Social Sciences

## Items/credits

Number	Type	Credits	Grade
0001	Written exam	5	TG G U 3 4 5
0003	Assignment report	2.5	TG U G#

## Study guidance

Study guidance for the course is to be found in our learning platform Canvas before the course starts. Students applying for single subject courses get more information in the Welcome letter. You will find the learning platform via My LTU.

## Last revised

by Director of Undergraduate Studies Daniel Örtqvist, Department of Business Administration, Technology and Social Sciences 2018-08-16

## Syllabus established

The syllabus has been confirmed by the Department of Human Work Sciences 2007-02-28