

SYLLABUS

Health and Work-related Rehabilitation 7.5 credits P0052A

Hälsa och arbetslivsinriktad rehabilitering

Course syllabus admitted: Spring 2022 Sp 4 - Present

**DECISION DATE
2021-12-28**

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Hälsa och arbetslivsinriktad rehabilitering

First cycle, P0052A

Education level	Grade scale	Subject	Subject group (SCB)
First cycle	U G VG *	Psykologi	Psychology

Entry requirements

In order to meet the general entry requirements for first cycle studies you must have successfully completed upper secondary education and documented skills in English language and Psychology or Sociology 60hp on basic level and Employment Law (J0009N) 15hp, Groups and Individuals in Working Life (S0028A) 7.5hp, Methods in Social Sciences 1 (P0045A), 15hp or Methods in sociology I (S0047A), 15hp.

Selection

The selection is based on 1-165 credits.

Examiner

Saila Piippola

Course Aim

After the course the student shall be able to theoretical describe and apply personnel management concerning health promotion in work organizations as well as work-related rehabilitation focusing the individuals' condition and needs.

Contents

The course includes attitudes to health, illness, to be on sick leave and individual work related rehabilitation. Moreover, the course deals with stress and coping, individual conditions and needs in health promotion and rehabilitation in work organizations.

Realization

Each course occasion's language and form is stated and appear on the course page on Luleå University of Technology's website.

Lectures, field studies and seminars with mandatory attendance. The goal of upholding the close association to the working life is mainly done by field work at a chosen workplace and by lectures of invited guests.

Examination

If there is a decision on special educational support, in accordance with the Guideline Student's rights and obligations at Luleå University of Technology, an adapted or alternative form of examination can be provided. The examination of the course contains of three different seminar tasks, all of them are done in group and is about health promotion work, attitudes and the rehab-system. Two of the seminars, health promotion and rehab system will be presented both in a report and in discussions during the seminars. Physical presence and active participation is a criterion for all three seminars.

Remarks

Students must register to the courses themselves or contact the HLT educational administration eduht@ltu.se not later than three days after the quarter commences. Failure to do so can result in the place being lost. This also applies to the students with a place guarantee.

The course is taught in Swedish but some parts of the course realization may be in English.

Literature. Valid from Autumn 2021 Sp 1

Bringsén, Å. & Nilsson Lindström, P. (red.) (2019). Hälsopromotion i teori och praktik: olika arenor och målgrupper. (Första upplagan). Stockholm: Liber.

Ekholm, J., Vahlne Westerhäll, L., Bergroth, A. & Schüldt Ekholm, K. (red.) (2015). Rehabiliteringsvetenskap: rehabilitering till arbetslivet i ett flerdisciplinärt perspektiv. (3., [omarb.] uppl.) Lund: Studentlitteratur.

Rostila, M. & Toivanen, S. (red.) (2018). Den orättvisa hälsan: om socioekonomiska skillnader i hälsa och livslängd. (Upplaga 2). Stockholm: Liber.

Winroth, J. (2018). Organisationshälsa: en bok om ett hållbart arbetsliv. (Upplaga 1). Lund: Studentlitteratur.

Articles may be added.

Course offered by

Department of Health, Education and Technology

Modules

Code	Description	Grade scale	Cr	Status	From period	Title
0016	Seminary discussions	U G#	2.5	Mandatory	A21	
0017	Individual report	U G VG *	5	Mandatory	A21	

Last revised

by Anna Öqvist, Director of Undergraduate Studies at the Department of Health, Education and Technology 2021-12-28

Syllabus established

Established 2008-12-07 by the Department of Human Work Sciences.