#### **SYLLABUS**

# Work and Motivational Psychology 7.5 credits P0053A

**Arbets- och motivationspsykologi** 

Course syllabus admitted: Spring 2024 Sp 3 - Present

DECISION DATE **2023-06-05** 



# Work and Motivational Psychology 7.5 credits P0053A

Arbets- och motivationspsykologi

First cycle, P0053A

Education level Grade scale Subject Subject group (SCB)

First cycle U G VG \* Psykologi Psychology

Main field of study

Psychology

## **Entry requirements**

In order to meet the general entry requirements for first cycle studies you must have successfully completed upper secondary education and documented skills in English language and 30 credits completed courses with at least a passing grade in the subject psychology.

#### **Selection**

The selection is based on 1-165 credits.

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## **Course Aim**

Knowledge and comprehension

After passing the course, the student should be able to:

- show knowledge about different work and motivational psychological theories, studies, and concepts
- show knowledge about how work psychology can be applied and its consequences for well-being, motivation, productivity, and social sustainability
- show understanding about causes for group related conflicts and factors that contribute to group success or failure
- show understanding of their own influence on the group's development/behaviour, as well as how the group affects the individual's development/behaviour

Skills and abilities

After passing the course, the student should be able to show ability to:

- search for and collect relevant information related to a work psychological issue
- plan and carry out a questionnaire study according to research ethical principles and within given time frames
- evaluate, analyze, and discuss results from a questionnaire study based on a work and gender equality perspective
- orally and in writing present and discuss information and problems related to a work psychological issue for people with and without specialist knowledge in the field

Appraisal and approach

After passing the course, the student should be able to:

- · reflect on scientific aspects
- reflect critically on processes/events in groups from a non-evaluative perspective
- reflect on how individuals and groups mutually influence the development and behaviour of individuals and groups



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## **Contents**

This course focuses on work and motivational psychological theories, studies, and concepts, as well as how work and motivational psychology can be applied and its consequences for group dynamics, well-being, productivity, and social sustainability. This course also focuses on methodology for studying a work psychological issue based on gender equality.

The following areas will be covered:

- · The history of work psychology
- Work motivation
- Job satisfaction
- Leadership and working group psychology
- Work-related stress
- Organizational change and organizational culture
- Information technology
- Questionnaire methodology and basic statistical analysis

#### Realization

Each course occasion's language and form is stated and appear on the course page on Luleå University of Technology's website.

The teaching within this course typically includes self-study, lectures (recorded and on campus), workshops, project work with reality-related data collection, supervision, and oral and written presentation and discussion.

In order to achieve the course's goals regarding *knowledge and comprehension*, the student should independently study the specified course literature and other literature/material provided during the course, as well as take a part in lectures and actively participate in workshops.

In order to achieve the course's goals regarding *skills and abilities*, the student should actively take part in and contribute to lectures and workshops related to group dynamics, information technology, questionnaire method and statistics, as well as the tutoring offered. The student should also actively contribute to all the components of the project work. The project work is carried out through group collaboration.

In order to achieve the course's goals regarding *appraisal and approach*, the student must actively participate in the course's workshops, discussions, project work and group dynamics work.

Teaching resources are provided (not course literature) and some communication and submissions are handled via the internet-based course platform Canvas. This means specific requirements for technical equipment and competence.

Parts of the course may be given in English .



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## **Examination**

If there is a decision on special educational support, in accordance with the Guideline Student's rights and obligations at Luleå University of Technology, an adapted or alternative form of examination can be provided. The course is examined through the examination forms Project work (2.5 ECTS, grades: U, G), Group dynamics work (1.0 ECTS, grades: U, G), and Exam (4 ECTS, grades: U, G, VG). The examination form Project work is examined through participation in a lesson in information technology (mandatory attendance), PM and questionnaire, and written report and oral presentation (mandatory attendance). The Project work is examined in groups but requires individual participation.

The Group dynamics work is examined through active participation during workshops and supervision (mandatory attendance), as well as written individual reflection.

Knowledge and comprehension are examined through the examination form Exam. The Exam is written and individual. Skills and abilities and appraisal and approach are examined through the examination forms Project work and Group dynamics work.

In the event of impediment, the mandatory attendance can be replaced by an equivalent compensatory assignment.

All examination forms must be completed for the final grade in the course.

## Unauthorized aids during exams and assessments

If a student, by using unauthorized aids, tries to mislead during an exam or when a study performance is to be assessed, disciplinary measures may be taken. The term "unauthorized aids" refers to aids that the teacher has not previously specified as permissible aids and that may assist in solving the examination task. This means that all aids not specified as permissible are prohibited. The Swedish version has interpretative precedence in the event of a conflict.

## **Remarks**

Students must register for the courses themselves, or contact HLT:s educational administration eduhlt@ltu.se, not later than three days after the quarter commences. Failure to do so can result in the place being lost. This rule also applies to students with a guaranteed place.

Study guidance is available in the learning platform Canvas before the start of the course. You cho are a new student will find all the information you need at www.ltu.se/ny student . You who are already studying at Luleå University of Technology will find information about course start in the schedule on the student web or through the course room in the learning platform which you can reach at "Mitt LTU".

## **Overlap**

The course P0053A is equal to P0005H

## Course offered by

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Department of Health, Education and Technology



#### **Modules**

**Document** 

Syllabus

Code	Description	Grade scale	Cr	Status	From period	Title
0009	Project work	U G#	2.5	Mandatory	S24	
0010	Group dynamics work	U G#	1	Mandatory	S24	
0011	Examination	U G VG *	4	Mandatory	S24	

# Study guidance

Study guidance for the course is to be found in our learning platform Canvas before the course starts. Students applying for single subject courses get more information in the Welcome letter. You will find the learning platform via My LTU.

#### **Last revised**

by Anna Öqvist, Director of Undergraduate Studies at the Department of Health, Education and Technology 2023-06-05

# Syllabus established

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by Department of Human Work Sciences 2008-11-18

