

SYLLABUS

Professional coaching 7.5 credits P7041A

Coaching i ledningsrollen

Course syllabus admitted: Autumn 2017 Sp 2 - Present

**DECISION DATE
2017-08-18**

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Coaching i ledningsrollen

Second cycle, P7041A

Education level	Grade scale	Subject	Subject group (SCB)
Second cycle	U G VG	Psykologi	Psychology

Entry requirements

Bachelors degree of at least 180 ECTS, major in either business administration, psychology or sociology.

Selection

The selection is based on 30-285 credits

Examiner

Peter Bengtsson

Course Aim

After the course student should

- be able to describe how coaching differs from guiding, konsultation, kognitive therapy and tutoring.
- show knowledge about humanity and ways of thinking in coaching and the meaning of how its methodology is used.
- show skills in active listening and to create understanding and motivation by using different coaching tools.
- for improved personal development student should be able to critically reflect and understand what is motivating her/him.
- show knowledge to perform motivating och develop others.

Contents

- theoretical ground about coaching
- humanity and ways of thinking
- the coaching relation
- practice and methodologies in active listening and to create understanding.
- handling and learning focus.
- coaching tools
- coaching methodology
- professional coaching

Realization

Each course occasion's language and form is stated and appear on the course page on Luleå University of Technology's website.

Teaching consist of lessons, praxis and seminars. Individual projektwork is presented orally and in written report at a last obligatory seminar.

Examination

If there is a decision on special educational support, in accordance with the Guideline Student's rights and obligations at Luleå University of Technology, an adapted or alternative form of examination can be provided.

Seminars 3,5 hp
Individual projectwork 4 hp

Remarks

Students must register for the courses themselves, or contact ETS educational administration eduets@ltu.se, not later than three days after the quarter commences. Failure to do so can result in the place being lost. This rule also applies to students with a guaranteed place.

Literature. Valid from Autumn 2017 Sp 2

Bosson, P., et al. (2015). The Neuroscience of Leadership Coaching.
Litteratur tillkommer utifrån lärares anvisningar.

Course offered by

Department of Business Administration, Technology and Social Sciences

Items/credits

Number	Type	Credits	Grade
0001	Seminars	3.5	U G#
0002	Individual project	4	U G VG

Study guidance

Study guidance for the course is to be found in our learning platform Canvas before the course starts. Students applying for single subject courses get more information in the Welcome letter. You will find the learning platform via My LTU.

Last revised

by Director of Undergraduate Studies Daniel Örtqvist, Department of Business Administration, Technology and Social Sciences 2017-08-18

Syllabus established

by Director of Undergraduate Studies Bo Jonsson, Department of Business Administration, Technology and Social Sciences 2013-02-18