

SYLLABUS

Physiotherapy: Behavioral Theories and Models 7.5 credits S0067H

Sjukgymnastik: beteendevetenskapliga teorier och modeller

Course syllabus admitted: Autumn 2015 Sp 1 - Spring 2016 Sp 4

**DECISION DATE
2015-02-12**

Physiotherapy: Behavioral Theories and Models 7.5 credits S0067H

Sjukgymnastik: beteendevetenskapliga teorier och modeller

First cycle, S0067H

Education level	Grade scale	Subject	Subject group (SCB)
First cycle	U G VG	Sjukgymnastik	Therapy, Rehabilitation and Dietary Treatment

Entry requirements

In order to meet the general entry requirements for first cycle studies you must have successfully completed upper secondary education and documented skills in English language and Professional qualification in physiotherapy consisting of 180 credits or the equivalent

Selection

The selection is based on 1-165 credits.

Examiner

Gunvor Gard

Course Aim

On completion of the course, the student should:

- Demonstrate basic knowledge about the behavioural science aspect of physiotherapy

On completion of the course, the student should, in a physiotherapeutic context for individuals with limited motion function, be able to:

- Describe and reflect on the importance of different psychological factors for an individual's health, based on relevant scientific literature.
- Set up an individual health plan for behavioural change by analysing and applying behavioural science theories considering cultural and gender factors with support from relevant scientific literature.
- Describe factors that influence a person's motivation with support from relevant scientific literature.

Contents

Behavioural, cognitive and health psychology theories and models: social cognitive theory, psychology of learning, including operant and respondent learning, trans-theoretical model including stress coping. Cultural factors of significance.

Realization

Each course occasion's language and form is stated and appear on the course page on Luleå University of Technology's website.

Learning in the course takes place through flexible learning where theory and supervised method exercises are incorporated. Furthermore, an individual assignment takes place or in groups, both with literature studies and study assignments during the course. In all tuition forms, the student is stimulated and encouraged to carry out problem-solving and to have a critical reflective attitude.

Examination

If there is a decision on special educational support, in accordance with the Guideline Student's rights and obligations at Luleå University of Technology, an adapted or alternative form of examination can be provided. Objectives 1-4 are examined through an individual report with seminar (Test 0001, 7.5 credits) Criteria for pass and pass with distinction are stated in the study guide.

Remarks

This course is given for second-cycle studies. Study supervision is provided in the course room in Fronter.

Overlap

The course S0067H is equal to S0096H

Literature. Valid from Autumn 2015 Sp 1

Denison, E. & Åsenlöf, P. (2012) Beteendemedicinska tillämpningar i sjukgymnastik. Lund: Studentlitteratur.
Glanz, K., Rimer, B. and Viswanath K. (eds): Health behavior and health education. Theory, research, and practice. San Fransisco: Jossey-Bass. 2008. (E-book).

Course offered by

Department of Health Sciences

Items/credits

Number	Type	Credits	Grade
0001	Individual written report with seminar	7.5	U G VG

Last revised

by 2015-02-12

Syllabus established

by Prefekt vid Institution för hälsovetenskap 2013-02-18