

SYLLABUS

Physiotherapy, Health promotion perspective from the individual to society and application 15 credits S0078H

**Fysioterapi: Hälsöfrämjande perspektiv från individ till samhälle
med tillämpning**

Course syllabus admitted: Autumn 2015 Sp 1 - Spring 2016 Sp 4

DECISION DATE

2015-02-12

Physiotherapy, Health promotion perspective from the individual to society and application 15 credits S0078H

Fysioterapi: Hälsöfrämjande perspektiv från individ till samhälle med tillämpning

First cycle, S0078H

Education level	Grade scale	Subject	Subject group (SCB)
First cycle	U G VG	Fysioterapi	Therapy, Rehabilitation and Dietary Treatment

Entry requirements

In order to meet the general entry requirements for first cycle studies you must have successfully completed upper secondary education and documented skills in English language and Basic knowledge of human anatomy, physiology, disease theory throughout the human lifespan, and knowledge of behavioural science for physiotherapy and knowledge of physiotherapy comprising 60 credits, especially regarding the health promotion approach in physiotherapy.

Selection

The selection is based on 1-165 credits.

Examiner

Gunvor Gard

Course Aim

The student should on completion of the course, from a scientific foundation and with an ethical approach, be able to:

1. Explain the theoretical basis and support in social guidelines for the health promotion approach in physiotherapy at the individual, group and community level.
2. Distinguish essential factors with positive and negative effects on human health concerning children and adolescent development, leisure-time and sports, working life and aging, which are related to physiotherapeutic theory and practice.
3. Explain models of the health promotion approach and implementation and discuss applications in physiotherapeutic intervention and interaction based on these
4. Give examples of how information and communication technology can be applied in health promotion work
5. Choose and analyse a health problem at the society, organisation or group level within a chosen context
6. Suggest and argue for a proposal for intervention and implementation and a proposal for evaluation concerning the chosen health problem.

Contents

- Theories, models and concepts in health promotion and health promotion approaches, related to physiotherapy, as well as examples of current research
- Relevant societal guidelines and policy statements at different levels
- Examples of health promotion work in different organizations
- Health factors at the population level related to child and adolescent development, leisure and sport, work and aging
- Gender aspects and key aspects of global health
- Models and perspectives for intervention and implementation at the individual, group and community levels
- E-health and health-related implementation of information and communication technology
- Project regarding the selected health problem, including advanced theory, current research, contextual conditions, preparation of proposals for intervention, implementation and evaluation as well as a report

Realization

Each course occasion's language and form is stated and appear on the course page on Luleå University of Technology's website.

Learning in the course takes place through lectures, literature studies, group assignments, seminars and design of written reports as well as applied individual project work. The students are encouraged to search for their own sources of information such as searches of scientific literature, study visits and personal communication with informants of interest. In all tuition forms, the student is stimulated and encouraged to carry out problem-solving and to have a critical reflective attitude.

Examination

If there is a decision on special educational support, in accordance with the Guideline Student's rights and obligations at Luleå University of Technology, an adapted or alternative form of examination can be provided.

- Objectives 1 and 2 are examined through a written individual examination (test 0001)
- Objectives 3 and 4 are examined with written assignments and a group seminar (test 0002)
- Objectives 1, 3, 5, 6 are examined through a report, 7.5 credits (test 0003)

Grading scale Fail, Pass, Pass with distinction. Criteria for grades are stated in the study guide.

Remarks

This is a first-cycle course. Study supervision is provided in the course room in Fronter.

Literature. Valid from Autumn 2015 Sp 1

Scriven, A (2013) Ewles & Simnett (2013) Hälsoarbete. Lund: Studentlitteratur. ISBN: 9789144073088

Dean E, et al (2011). The First Physical Therapy Summit on Global Health: Implications and Recommendations for the 21st century. Physiotherapy theory and practice

* Carter et al Rehabilitation research. Principles and applications. St. Louis, Missouri: Elsevier Saunders. ss 174-192. ISBN: 9781437708400

Nutbeam D (2010). Theory in a Nuthell. A practical guide to health promotion theories. McGraw-Hill Medical. ISBN: 9780070278431

Articles and other copied material to be added.

*The literature has been used in earlier courses

Course offered by

Department of Health Sciences

Items/credits

Number	Type	Credits	Grade
0001	Individual written exam	4.5	U G VG
0002	Hand-in assignment and seminar	3	U G#
0003	Report	7.5	U G VG

Last revised

by 2015-02-12

Syllabus established

by Prefekt vid Inst för hälsovetenskap 2014-02-11