#### **SYLLABUS**

# Behavioural science in Physiotherapy I 7.5 credits S0086H

Beteendevetenskap med inriktning fysioterapi I

Course syllabus admitted: Autumn 2023 Sp 1 - Present

DECISION DATE **2022-06-16** 



# Behavioural science in Physiotherapy I 7.5 credits S0086H

#### Beteendevetenskap med inriktning fysioterapi I

First cycle, S0086H

Education level Grade scale Subject Subject group (SCB)

First cycle U G VG \* Hälsopsykologi Psychology

# **Entry requirements**

In order to meet the general entry requirements for first cycle studies you must have successfully completed upper secondary education and documented skills in English language +

Swedish upper secondary school courses Sport and Health 1, Mathematics 2a or 2b or 2c, General Science 2, Social Studies 1b or 1a1+1a2.

#### **Selection**

The selection is based on final school grades or Swedish Scholastic Aptitude Test.

#### **Course Aim**

On completion of the course, the student should in a scientific way be able to:

- 1. account for basic psychological theories;
- 2. account for human interaction in groups and society and what factors are important in group development and describe collected interview datal from a group and socio-psychological perspective;
- explain and reflect on how humans may react when experiencing difficult life situations and traumatic life events;
- 4. account for factors that influence human motivation;
- 5. account for a cognitive working method in physiotherapy;
- 6. apply qualitative interview techniques.

# **Contents**

The course contains basic knowledge on psychology and how it can be applied in the profession.

- · Basic psychological theories
- Social and group psychology
- Acute crises
- The importance of motivation factors for health and a good rehabilitation outcome
- Cognitive psychology
- The importance of cultural factors for health
- · Qualitative interview methodology and techniques



Utskriftsdatum: 2024-05-12 03:32:58

Autumn 2023, Sp 1

3 (4)

#### Realization

Each course occasion's language and form is stated and appear on the course page on Luleå University of Technology's website.

In order to complete the course, the student should actively seek knowledge and solve problems using an inquiring and critically reflective approach. This means that the student should take responsibility by actively contributing to the achievement of course objectives through the planning of content and time. The contents of the course are treated through literature studies, group work, lectures, oral and written presentations and seminars. The teaching consists of lectures and individual/group practical exercises. The course seeks to train the ability to integrate theory with the application of knowledge. Group work develops skills that can only be trained through interaction and experience-sharing.

#### **Examination**

If there is a decision on special educational support, in accordance with the Guideline Student's rights and obligations at Luleå University of Technology, an adapted or alternative form of examination can be provided.

- Learning outcomes 1, 4 and 5 basic psychological theories, cognitive attitudes and motivation are examined by an individual take-home examination, a seminar and a written group report (test 0004).
- Learning outcome 2 social psychology is examined by an individual written take home examination, a seminar and a written group report (test 0003). Learning outcome 6 - qualitative interviewing techniques - is also examined in this test.
- Learning outcome 3 acute crises and crisis reactions is examined by an individual report and a seminar (test 0001).

Criteria for a Pass grade and a Pass with credit are stated in the study guide.

# Unauthorized aids during exams and assessments

If a student, by using unauthorized aids, tries to mislead during an exam or when a study performance is to be assessed, disciplinary measures may be taken. The term "unauthorized aids" refers to aids that the teacher has not previously specified as permissible aids and that may assist in solving the examination task. This means that all aids not specified as permissible are prohibited. The Swedish version has interpretative precedence in the event of a conflict.

# Remarks

This is a first-cycle course. Study supervision is provided in the course room in Canvas. A pass in this course is a prerequisite for Work Placement and the thesis.

# **Overlap**

The course S0086H is equal to S0062H

The course is equal to A0020H/S0062H

# Course offered by

Department of Health, Education and Technology



Utskriftsdatum: 2024-05-12 03:32:58

**Document Education Admitted in Date Page** Behavioural science in Physiotherapy I 7.5 cr Autumn 2023, Sp 1 2022-06-16 4 (4)

# **Modules**

Syllabus

Code	Description	Grade scale	Cr	Status	From period	Title
0001	Acute crises report and seminar	U G VG *	1.5	Mandatory	A14	
0003	Group and social pshychology, report and seminar	U G VG *	2	Mandatory	A14	
0004	Psychological theories, cognitive take home examinaton and seminar	U G VG *	4	Mandatory	A22	

# **Last revised**

by Anna Öqvist, Director of Undergraduate Studies at the Department of Health, Education and Technology 2022-

# Syllabus established

Utskriftsdatum: 2024-05-12 03:32:58

by Prefekt vid Inst för Hälsovetenskap 2014-06-29

