

## **COURSE LITERATURE**

# **Psychosocial Work Environment - Prevention of Stress 7.5 credits P0005A**

**Psykosocial arbetsmiljö - stresshantering**

**Course literature admitted: Autumn 2018 Sp 2 - Present**

**DECISION DATE  
2018-08-16**

- Mats Bohgard, Stig Karlsson, Eva Loven et al. (2015). Work and technology on human terms. Free e-book.
- Richardson, K. M., & Rothstein, H. R. (2008). Effects of occupational stress management intervention programs: a meta-analysis. Journal of occupational health psychology, 13(1), 69.

Additional literature can be added.

## **Examiner**

Peter Bengtsson